

Our Vision

That all young people have the self-esteem, resilience and confidence to thrive.



Our Mission

We're driven to make sure that young people have;

- The time and space to talk to someone they trust, as soon as life gets tough and for as long as they need it.
- The skills and self-awareness to improve their wellbeing.
- The chance to lead change, be heard and speak up on the issues that affect them.

Our Values

Inclusive: We promise to treat people fairly and with respect.

YOUth-led: Young people are at the heart of everything we do.

Trustworthy: We create and nurture supportive, safe and non-judgmental spaces.

Ambitious: We do our very best for each young person we support and all young people in our community.

Approachable: We're open, warm and here for young people when they need us.

Collaborative: We choose to work in partnership with organisations that share our values so that we can make a bigger

Our North Star

Be in even more places where young people need us and seen as a beacon of good practice.

Our Brand

- Lifespace is known and trusted with more than 20 years experience. We offer unbiased and universal access for ages 7-19.
- We are here for a range of stakeholders including, but not limited to: young people, schools, funders and commissioners.
- We believe young people should shape the agenda, both individually and collectively.
- Our name offers no stigma: we provide inclusive and all encompassing support with an unconditional positive regard.
- We pride ourselves on working with all children and young people: neurotypical, neurodivergent, those with SEND, those not in mainstream education, including emotionally based school non-attendees (EBSNA), and all genders and sexual identities.
- We have a strong network: if we're not what you need, we'll help you find the right support.
- We will work collaboratively to add value wherever we can.

Our USP

We see each young person as unique and take the time to really get to know each other. We use a systemic approach, one where every interaction is youth-led: from setting the agenda to shaping the format and duration of our sessions.

We do not offer prescriptive, off the shelf, fixed term or 'conveyor belt' packages of support.

By truly 'seeing' each young person our mentors can work with them to build a bespoke toolkit; exploring tools and techniques to help in the moment and for the future. This is **The Lifespace Way!**

Our Pledge

To give young people the support they need as soon as life gets tough and for as long as they need it.

Our Three Year Picture

Future Date: **August 2027**

Revenue Target: **£350k**

Structured for growth

- Implemented a comprehensive training and CPD package for our mentors to ensure the best practice and support for young people.
- Underpinning our mentoring with an effective digital system.
- Operating a process of continual improvement through external expert challenge, audit and strong internal governance model.
- Having the optimum mix of paid and volunteer staff, high mentor retention and role satisfaction.

Expanding our reach

- The provider of choice for youth mentoring and early-intervention mental health provision in Warwickshire and surrounding areas.
- Increased our contract turnover by at least 20%, in order to see more young people.
- Expanded access to our delivery in alternative ways that are accessible to young people, including online and community spaces.
- Championing and amplifying youth voice, and youth-centred delivery.

Enhancing our offer

- Increased emphasis on early intervention via group working, peer training and extending our reach across primary age children 7-11 years.
- Offering complementary services to include workshops, training and supervision for safeguarding teams.
- Expanded contracts for mentoring provision and securing aligned commissioned services.

Our One Year Targets

Future Date: **August 2026**

Revenue Target: **£298k**

- Secure and retain volunteers with new cohorts launching by **September 2025** and **March 2026**
- Expand Supervision in Schools: 6 new partners by **October 2025**, and 4 more by **July 2026**
- Launch 360° feedback for school partners by **November 2025**
- Roll out KPI dashboard by **December 2025**
- Use Lifespace's voice as a platform - to amplify the needs of our sector - by sharing expertise and research, locally and nationally, through at least 2 events by **February 2026**
- Boost team development & wellbeing with new initiatives by **March 2026**
- Attend 12+ strategic networking events, generating 5+ new leads by **April 2026**
- Review finance & fundraising strategies by **May 2026**
- Secure two new multi-year funding and/or contract agreements by **June 2026**
- Increase earliest interventions in primaries and grow group delivery by 20% by **July 2026**
- Formalise external communications strategy by **August 2026**



Proud members of the
**Children & Young People's
Mental Health Coalition**

Registered charity no. 1122170

hello@lifespace.org.uk

www.lifespace.org.uk

[@lifespacetrust](https://www.instagram.com/lifespacetrust)

Tyler House, Tyler Street, Stratford
Upon Avon, Warwickshire, CV32 6TY
01789 297400

